

The mission of the Maya Gold Foundation is to:

Empower youth to access their inner wisdom and realize their dreams.

A PROGRAM OF THE MAYA GOLD FOUNDATION

HEART OF GOLD

 *Adventures*

DATES

April 5 - April 18, 2025

TRIP COST

The price of this two week trip includes airfare, lodging, food, guides, ground transportation, excursions, and support for Nepali anti-trafficking organizations.

Our total cost for the trip is \$3,750 however, with donor support, we are able to offer the trip on a sliding scale from \$2,000 to \$4,000. We encourage anyone interested in this trip to inquire about pricing, as we do not want cost to be a barrier to any teen's application.

HOW TO APPLY

The application is available online at bit.ly/gotonepal2025 or scan the code to apply.

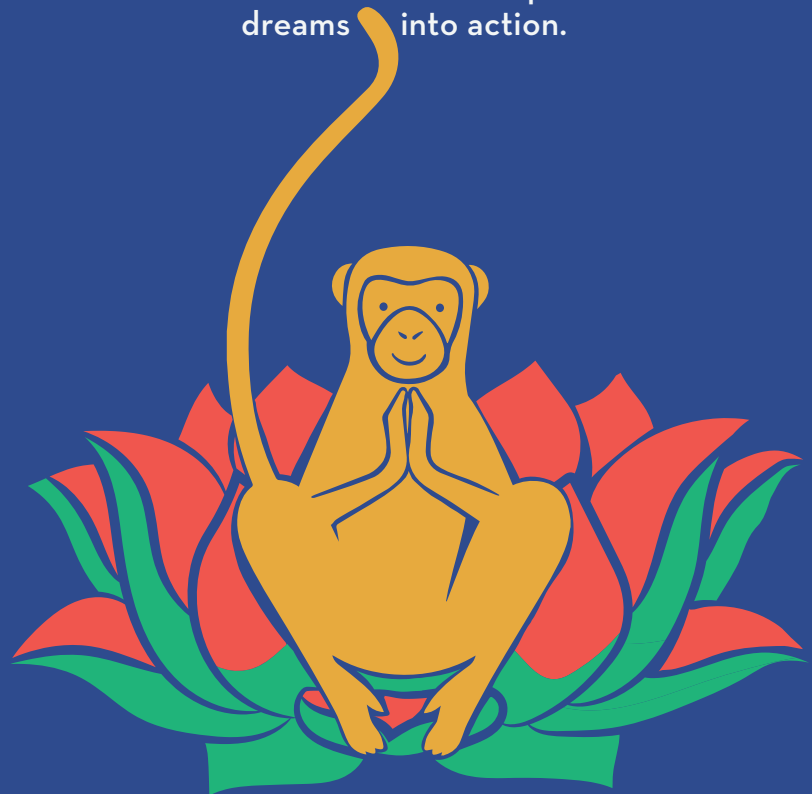


DUE DATE

Applications are due by September 15, 2024. We encourage and appreciate applications before July 1, 2024, and the first five applicants to join the trip will receive a \$25 gift card to the Mudd Puddle Cafe in New Paltz.

COME TO NEPAL IN 2025 WITH HEART OF GOLD ADVENTURES!

The purpose of Heart of Gold Adventures is to offer Hudson Valley teens a transformative experience through cross-cultural exchange, service to others, and work to reduce sexual trafficking of young people in Nepal. Participants will gain a greater sense of themselves and the world, develop a passion for exploration and community engagement, and learn skills to enable themselves to put their dreams into action.



2025

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FIND OUT MORE

Visit bit.ly/karuna2024 for a video highlighting one of our past trips to Nepal. To view a prior trip recorded Parent Information Session visit bit.ly/nepalparentinfo or email info@mayagoldfoundation.org.

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